



Head Teacher: Mrs Julia Armstrong BA
Adelaide Grove
Hartburn
Stockton-on-Tees
TS18 5BS



Tel: 01642 391728/646001
Fax: 01642 646002

Email: hartburn@sbcschools.org.uk
Website: www.hartburn.org.uk

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Re: Coronavirus concerns

Dear Parent/Carer,

You are likely to be aware of the outbreak of coronavirus and the subsequent confirmed cases in the UK. At Hartburn Primary School, we take the health and safety of our pupils and staff very seriously, so we are sharing guidance from Public Health England on steps you should be taking.

There is currently no cause for concern at the school, but we will keep you informed about any developments and ensure we are keeping the school clean to prevent the spread of any virus.

Prevent the spread of infection

Make sure you and your children follow these general principles to prevent spreading any respiratory virus:

- Wash your hands often – with soap and water for at least 20 seconds, or an alcohol-based sanitiser if soap and water are not available
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Avoid close contact with people who are sick
- If you feel unwell, stay at home and do not attend work or school
- Cover your cough or sneeze with a tissue, then throw the tissue in a bin
- Clean and disinfect frequently touched objects and surfaces in the home

If you are worried about your symptoms, please call NHS 111 – do not go directly to your GP or other healthcare environment.





If you or your children have returned from a category 1 country or area in past 14 days

This includes:

- Wuhan city and Hubei province, China
- Iran
- Daegu or Cheongdo, Republic of Korea
- Italy*

*(i) Travellers who returned from areas of Northern Italy that were under containment measures between 19 February and 8 March 2020 should self-isolate for 14 days. If they develop symptoms they should contact NHS111. (ii) Travellers who returned from the rest of Italy before 9 March 2020 do not need to undertake any special measures, but if they develop symptoms they should self-isolate and call NHS 111.

Contact NHS 111 for advice, and:

- Self-isolate for 14 days after leaving the country or area, see the home isolation advice sheet for help with this <https://www.gov.uk/government/publications/wuhan-novel-coronavirus-self-isolation-for-patients-undergoing-testing/advice-sheet-home-isolation>
- If you become unwell, call NHS 111 immediately for an assessment (or 999 if you require emergency medical attention)

If you or your children have returned from a category 2 country or area in last 14 days

This includes:

Cambodia	Macau	Republic of Korea (other than Daegu or Cheongdo)
China (other than Wuhan city or Hubei province)	Laos	Singapore
Hong Kong	Malaysia	Taiwan
Japan	Myanmar	Thailand
		Vietnam





If you or your children are well:

- You do not need to avoid contact with other people
- Your other family members do not need to take any precautions or make any changes to their own activities

If you become unwell (see below for a list of symptoms)

- Stay indoors and avoid contact with other people as you would with other flu viruses
Call NHS 111 immediately for an assessment or 999 if you require emergency medical attention

Symptoms to look out for

If you've returned from any of the category 1 or 2 areas or countries, look out for the following symptoms:

- Cough
- Difficulty in breathing
- Fever (a temperature of 38 degrees C or higher)

According to other official guidance, while you wait for further advice:

- Avoid contact with others
- Stay at home – don't go to work or school
- Don't travel while sick
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing, disposing of tissues in the bin
- Wash your hands often with soap and water for at least 20 seconds (or an alcohol-based sanitiser if soap and water aren't available)

If you or your child have any further concerns or questions, please do not hesitate to contact school.

Yours sincerely

Mrs J Armstrong

