ILP MAP WITH PHSE

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| ***Year*** | ***Autumn 1*** | ***Autumn 2*** | ***Spring 1*** | ***Spring 2*** | ***Summer 1*** | ***Summer 2*** |
| **Y1/2****Cycle A** | **Land Ahoy!****PHSE- Relationships** Roles of different people; families; feeling cared for.How behaviour affects others; being polite and respectful. | **Moon Zoom!** **PHSE- Relationships** Recognising privacy; staying safe; seeking permission. | **Superheroes****PHSE- Living in the Wider World** What rules are; caring for others’ needs; looking after the environment.Using the internet and digital devices; communicating online. | **Muck, Mess and Mixtures****PHSE- Living in the Wider World** Strengths and interests; jobs in the community. | **Wriggle and Crawl****PHSE- Health and Wellbeing**Keeping healthy; food and exercise, hygiene routines; sun safety.Growing and changingRecognising what makes them unique and special; feelings; managing when things go wrong. | **Rio de Vida****PHSE- Health and Wellbeing**How rules and age restrictions help us; keeping safe online. |
| **Y1/2****Cycle B** | **Dinosaur Planet****PHSE- Relationships** Making friends, feeling lonely and getting help.Recognising things in common and differences; playing and working cooperatively; sharing opinions. | **Towers, Tunnels and Turrets****PHSE- Relationships** Managing secrets; resisting pressure and getting help; recognising hurtful behaviour. | **Paws, Claws and Whiskers****PHSE- Living in the Wider World** Belonging to a group; roles and responsibilities; being the same and different in the community.The internet in everyday life; online content and information. | **Street Detectives****PHSE- Living in the Wider World**What money is; needs and wants; looking after money. | **The Enchanted Woodland****PHSE- Health and Wellbeing**Why sleep is important; medicines and keeping healthy; managing feelings and asking for help.Growing older; naming body parts; moving class or year.Safety in different environments; risk and safety at home; emergencies. |
| **Y3/4****Cycle A** | **Tremors****PHSE- Relationships** What makes a family; features of family life.Personal boundaries; safely responding to others; the impact of hurtful behaviour.Recognising respectful behaviour; the importance of self-respect; courtesy and being polite. | **Traders and Raiders****PHSE- Living in the Wider World** Different jobs and skills; job stereotypes; setting personal goals. | **Heroes and Villains****PHSE- Living in the Wider World** The value of rules and laws; rights, freedoms and responsibilitiesHow the internet is used; assessing information online. | **Scrumdiddlyumptious****PHSE- Health and Wellbeing** Maintaing a balanced lifestyle; oral hygiene and dental care. | **1066****PHSE- Health and Wellbeing** Personal strengths and achievements; managing and reframing setbacksRisks and Hazards; safety in the local environment and unfamiliar places. | **Burps, Bottoms and Bile****PHSE- Health and Wellbeing** Health choices and habits; what affects feelings; expressing feelingsDifferences between male and female bodies, |
| **Y3/4****Cycle B** | **I am Warrior!****PHSE- Relationships**Positive friendships, including online**PHSE- Living in the Wider World** Different jobs and skills; job stereotypes; setting personal goals | **Predators****PHSE- Relationships**Responding to hurtful behaviour; managing confidentiality; recognising risks online. | **Road Trip USA****PHSE- Living in the Wider World** How data is shared and usedMaking decisions about money; using and keeping money safe. | **Urban Pioneers****PHSE- Relationships**Respecting differences and similarities; discussing difference sensitively.**PHSE- Living in the Wider World** What makes a community; shared responsibilities | **Gods and Mortals****PHSE- Health and Wellbeing** Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty. | **Blue Abyss****PHSE- Health and Wellbeing** Medicines and household products; drugs common to everyday life. |
| **Y5/6****Cycle A** | **Revolution****PHSE- Living in the Wider World** Identifying jobs interests an aspirations; what influences career choices; workplace stereotypes.**PHSE- Health and Wellbeing** Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media. | **Blood Heart****PHSE- Health and Wellbeing** Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergiesWhat affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online | **Stargazers****PHSE- Relationships**Physical contact and feeling safe | **I.D****PHSE- Relationships**Recognising and managing pressure; consent in different situations **PHSE- Living in the Wider World** How information online is targeted; different media types; their role and impact | **Hola Mexico****PHSE- Relationships**Managing friendships and peer influence.Attraction to others; romantic relationships; civil partnership and marriage |
| **Y5/6****Cycle B** | **A Child’s War****PHSE- Health and Wellbeing** Keeping safe in different situations, including responding in emergencies and first aidHuman Reproduction and birth; increasing independence; managing transitions**PHSE- Living in the Wider World** Valuing diversity; challenging discrimination and stereotypes. | **Frozen Kingdom****PHSE- Relationships**Responding respectfully to a wide range of people; recognising prejudice and discrimination.**PHSE- Living in the Wider World** Evaluating media sources; sharing things online | **Pharaohs****PHSE- Living in the Wider World** Protecting the environment; compassion towards others | **Darwin’s Delight****PHSE- Health and Wellbeing** Personal identity; recognising individuality and different qualities; mental wellbeingPuberty **PHSE- Relationships**Expressing opinions and respecting other points of view, including discussing topical issues | **Scream Machine** **PHSE- Living in the Wider World** Influences and attitudes to money; money and financial risks |