ILP MAP WITH PHSE

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| ***Year*** | ***Autumn 1*** | ***Autumn 2*** | ***Spring 1*** | ***Spring 2*** | ***Summer 1*** | ***Summer 2*** |
| **Y1/2**  **Cycle A** | **Land Ahoy!**  **PHSE- Relationships**  Roles of different people; families; feeling cared for.  How behaviour affects others; being polite and respectful. | **Moon Zoom!**  **PHSE- Relationships**  Recognising privacy; staying safe; seeking permission. | **Superheroes**  **PHSE- Living in the Wider World**  What rules are; caring for others’ needs; looking after the environment.  Using the internet and digital devices; communicating online. | **Muck, Mess and Mixtures**  **PHSE- Living in the Wider World**  Strengths and interests; jobs in the community. | **Wriggle and Crawl**  **PHSE- Health and Wellbeing**  Keeping healthy; food and exercise, hygiene routines; sun safety.  Growing and changing  Recognising what makes them unique and special; feelings; managing when things go wrong. | **Rio de Vida**  **PHSE- Health and Wellbeing**  How rules and age restrictions help us; keeping safe online. |
| **Y1/2**  **Cycle B** | **Dinosaur Planet**  **PHSE- Relationships**  Making friends, feeling lonely and getting help.  Recognising things in common and differences; playing and working cooperatively; sharing opinions. | **Towers, Tunnels and Turrets**  **PHSE- Relationships**  Managing secrets; resisting pressure and getting help; recognising hurtful behaviour. | **Paws, Claws and Whiskers**  **PHSE- Living in the Wider World**  Belonging to a group; roles and responsibilities; being the same and different in the community.  The internet in everyday life; online content and information. | **Street Detectives**  **PHSE- Living in the Wider World**  What money is; needs and wants; looking after money. | **The Enchanted Woodland**  **PHSE- Health and Wellbeing**  Why sleep is important; medicines and keeping healthy; managing feelings and asking for help.  Growing older; naming body parts; moving class or year.  Safety in different environments; risk and safety at home; emergencies. | |
| **Y3/4**  **Cycle A** | **Tremors**  **PHSE- Relationships**  What makes a family; features of family life.  Personal boundaries; safely responding to others; the impact of hurtful behaviour.  Recognising respectful behaviour; the importance of self-respect; courtesy and being polite. | **Traders and Raiders**  **PHSE- Living in the Wider World**  Different jobs and skills; job stereotypes; setting personal goals. | **Heroes and Villains**  **PHSE- Living in the Wider World**  The value of rules and laws; rights, freedoms and responsibilities  How the internet is used; assessing information online. | **Scrumdiddlyumptious**  **PHSE- Health and Wellbeing**  Maintaing a balanced lifestyle; oral hygiene and dental care. | **1066**  **PHSE- Health and Wellbeing**  Personal strengths and achievements; managing and reframing setbacks  Risks and Hazards; safety in the local environment and unfamiliar places. | **Burps, Bottoms and Bile**  **PHSE- Health and Wellbeing**  Health choices and habits; what affects feelings; expressing feelings  Differences between male and female bodies, |
| **Y3/4**  **Cycle B** | **I am Warrior!**  **PHSE- Relationships**  Positive friendships, including online  **PHSE- Living in the Wider World**  Different jobs and skills; job stereotypes; setting personal goals | **Predators**  **PHSE- Relationships**  Responding to hurtful behaviour; managing confidentiality; recognising risks online. | **Road Trip USA**  **PHSE- Living in the Wider World**  How data is shared and used  Making decisions about money; using and keeping money safe. | **Urban Pioneers**  **PHSE- Relationships**  Respecting differences and similarities; discussing difference sensitively.  **PHSE- Living in the Wider World**  What makes a community; shared responsibilities | **Gods and Mortals**  **PHSE- Health and Wellbeing**  Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty. | **Blue Abyss**  **PHSE- Health and Wellbeing**  Medicines and household products; drugs common to everyday life. |
| **Y5/6**  **Cycle A** | **Revolution**  **PHSE- Living in the Wider World**  Identifying jobs interests an aspirations; what influences career choices; workplace stereotypes.  **PHSE- Health and Wellbeing**  Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media. | **Blood Heart**  **PHSE- Health and Wellbeing**  Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies  What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online | **Stargazers**  **PHSE- Relationships**  Physical contact and feeling safe | | **I.D**  **PHSE- Relationships**  Recognising and managing pressure; consent in different situations  **PHSE- Living in the Wider World**  How information online is targeted; different media types; their role and impact | **Hola Mexico**  **PHSE- Relationships**  Managing friendships and peer influence.  Attraction to others; romantic relationships; civil partnership and marriage |
| **Y5/6**  **Cycle B** | **A Child’s War**  **PHSE- Health and Wellbeing**  Keeping safe in different situations, including responding in emergencies and first aid  Human Reproduction and birth; increasing independence; managing transitions  **PHSE- Living in the Wider World**  Valuing diversity; challenging discrimination and stereotypes. | **Frozen Kingdom**  **PHSE- Relationships**  Responding respectfully to a wide range of people; recognising prejudice and discrimination.  **PHSE- Living in the Wider World**  Evaluating media sources; sharing things online | **Pharaohs**  **PHSE- Living in the Wider World**  Protecting the environment; compassion towards others | **Darwin’s Delight**  **PHSE- Health and Wellbeing**  Personal identity; recognising individuality and different qualities; mental wellbeing  Puberty    **PHSE- Relationships**  Expressing opinions and respecting other points of view, including discussing topical issues | **Scream Machine**  **PHSE- Living in the Wider World**  Influences and attitudes to money; money and financial risks | |