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| PE | **Sequential and Progressive Vocabulary** |
| Y1&2Cycle A | **Autumn****Childhood** | **Spring****Bright Lights, Big City** | **Summer****School Days** |
| + Unit | Gymnastics | Exploring Movement | Dance | Ball Skills | Games | Health and Wellbeing | Ball Skills | Team Building |
| Y1 Tier 2 | Fairness, Honesty, Imagination, Courage, Concentration, Self- Belief, Curiosity, Creativity, Imagination |
| Y1 Tier 3 | ForwardsBackwards Sideways Roll Slow Body parts Shape Jump  | TravelStillness Direction Space  | Timing TempoBeat Moving Control Rhythm | Catching Own space Team Speed  Direction Passing  | RulesOwn space Passing Controlling Shooting ScoringTeam | MovementControlWellness | Catching Own space Team Speed Direction Passing  | TeamworkCommunicationTrustTeam memberCooperationFair |
| Y2Tier 2 | Concentration, Self-Belief, Fairness, Honesty, Self-motivation, Respect, Decision making, Creativity, Collaboration, Evaluation, Imagination, Cooperation, |
| Y2Tier 3 | Travel Stretch Wide Narrow | Body parts  Levels  Speed | SequenceControlTimingBeatRythmnOpposite | Striking Controlling Shooting ScoringDribbling | AttackerDefenderSpaceTacticsTransition | AgilityBalanceCoordination | Striking Controlling Shooting ScoringDribbling | StrategyInclusionMotivationCourage |
| Y3&4Cycle A | **Autumn****Through The Ages** | **Spring****Rocks, Relics and Rumbles** | **Summer****Emperors and Empires** |
| + Unit | Gymnastics | Rugby | Dance | Netball | Football | Basketball | Hockey | Handball | Tennis | OAA | Athletics | Rounders |
| Y3Tier 2 | Respect, Resilience, Problem Solving, Communication, Self-motivation, Model, Improve, Trust, Introduce, Perform, Compare, Change, Create. |
| Y3 Tier 3 | Linking, Flow, ExtensionSymmetricalAsymmetrical | AttackerDefenderPossessionDodgeTryTagBall carrier | Excellent dancers, ExpressionCreativityEmotionRhythmStage presenceTiming MotifChoreographyInterconnecting | AttackerDefenderPossessionChest passFootwork | AttackerDefenderSpace Possession Free kickpenalty | Attacker Defender Dribbling Possession Triple threatChest pass | AttackerPossessionDefenderSpaceInterceptingShootingBarrier | AttackerDefenderSpacePossessionShoulder pass | VolleyServecourtnet | StrategyAttackerDefenderTagOrienteeringSymbol | TacticsSpeedAccelerationDistanceRelayChangeover | BattingFielderThrowingBase/postsRounderThe long barrier |
| Y4Tier 2 | Self-motivation, Communication, Problem Solving, Evaluation, Responsibility. Demonstrate, Challenge, Decision, Perform, Evaluate, Progress, Explore. |
| Y4Tier 3 | ControlBridgeLevels | Forward passOffside |  |  | Transition, turning, drag back, goalkeeper. | Possession, marking, space, bounce pass, pivot. | MarkingTacklingBlocking Free hit | Free passFree throwInterceptingTransitionMarkingShooting | OutwitSpaceAccuracyPowerBackhand | ResponsibilityListening TrustMapRouteOut-of-bounds | TacticsSpeedDistancePacePowerStride pattern | BattingTacticsBowlingCatchingBaack stop½ rounder |
| Y5&6Cycle A | **Autumn****Dynamic Dynasties** | **Spring****Sow Grow and Farm** | **Summer****Groundbreaking Greeks** |
| + Unit | Gymnastics | Rugby | Dance | Netball | Football | Basketball | Hockey | OAA | Tennis | Athletics | Rounders | Cricket |
| Y5Tier 2 | Evaluation, Responsibility, Encouragement, Integrity, Resourcefulness. Present, Develop, Refine, Apply, Effective technique |
| Y5 Tier 3 | Counter balanceCounter tension UnisonCanon | TacticsTransitionOutwitOffsideLoop passMiss pass | Stimulus | TacticsTransitionPossessionMarkingShoulder passBounce pass | Tactics, marking, pressure, tackle, shadowing, tracking back. | Tactics, transition. Marking, rebound,TravellingDouble dribble | Counter attackMan- to- man marking Goal side | AdaptMotivateCooperateControl pointScale | OutwitSpaceReturnRecoverBaselineForehandRallyOut | Tactics, Speed, Distance, Evaluation, Changeover Personal -bestLap. | Batting and bowling squareNo-ballOut | TacticsBowlingRun-out, Wicket-keeperNo-ball Wide Bye |
| Y6Tier 2 | Resourcefulness, Integrity, Trust, Self-discipline, Reflection, Modify Implement, Execute, Consolidate, Maintain. |
| Y6Tier 3 | MatchingMirroring | FormationsKnock onAdvantage |  |  | Counter attack, referee, through ball, Man to man marking | TacticsTransitionCounter attack,High press, backcourt violation, Man to man marking | Counter attackMan- to- man marking Goal sideFree hit | LeadershipTeam memberResponsibilityCooperation |  | Tactics, speed, teamwork, distance, evaluativeFalse start Events | Run- outOut-fielderUmpire | Tactics, umpire, boundary,Four runs, Six runs, Over. |