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| PE | **Sequential and Progressive Vocabulary** | | | | | | | | | | | | | | | | | | | | | | |
| Y1&2  Cycle A | **Autumn**  **Childhood** | | | | **Spring**  **Bright Lights, Big City** | | | | | | | **Summer**  **School Days** | | | | | | | | | | | |
| + Unit | Gymnastics | | Exploring Movement | | Dance | | | | Ball Skills | | | Games | | | | | | Health and Wellbeing | Ball Skills | | | Team Building | |
| Y1 Tier 2 | Fairness, Honesty, Imagination, Courage, Concentration, Self- Belief, Curiosity, Creativity, Imagination | | | | | | | | | | | | | | | | | | | | | | |
| Y1  Tier 3 | Forwards  Backwards  Sideways  Roll  Slow  Body parts  Shape  Jump | | Travel  Stillness  Direction  Space | | Timing  Tempo  Beat  Moving Control Rhythm | | | | Catching  Own space  Team  Speed  Direction  Passing | | | Rules  Own space  Passing Controlling Shooting  Scoring  Team | | | | | | Movement  Control  Wellness | Catching Own space Team Speed Direction Passing | | Teamwork  Communication  Trust  Team member  Cooperation  Fair | | |
| Y2  Tier 2 | Concentration, Self-Belief, Fairness, Honesty, Self-motivation, Respect, Decision making, Creativity, Collaboration, Evaluation, Imagination, Cooperation, | | | | | | | | | | | | | | | | | | | | | | |
| Y2  Tier 3 | Travel  Stretch  Wide  Narrow | | Body parts  Levels  Speed | | Sequence  Control  Timing  Beat  Rythmn  Opposite | | | | Striking  Controlling  Shooting  Scoring  Dribbling | | | Attacker  Defender  Space  Tactics  Transition | | | | | Agility  Balance  Coordination | | Striking Controlling Shooting Scoring  Dribbling | | | Strategy  Inclusion  Motivation  Courage | |
| Y3&4  Cycle A | **Autumn**  **Through The Ages** | | | | **Spring**  **Rocks, Relics and Rumbles** | | | | | | | **Summer**  **Emperors and Empires** | | | | | | | | | | | |
| + Unit | Gymnastics | Rugby | Dance | Netball | Football | | Basketball | | Hockey | | | Handball | | Tennis | | | | OAA | Athletics | | | Rounders | |
| Y3  Tier 2 | Respect, Resilience, Problem Solving, Communication, Self-motivation, Model, Improve, Trust, Introduce, Perform, Compare, Change, Create. | | | | | | | | | | | | | | | | | | | | | | |
| Y3  Tier 3 | Linking, Flow, Extension  Symmetrical  Asymmetrical | Attacker  Defender  Possession  Dodge  Try  Tag  Ball carrier | Excellent dancers, Expression  Creativity  Emotion  Rhythm  Stage presence  Timing  Motif  Choreography  Interconnecting | Attacker  Defender  Possession  Chest pass  Footwork | Attacker  Defender  Space Possession Free kick  penalty | | Attacker Defender Dribbling Possession Triple threat  Chest pass | | Attacker  Possession  Defender  Space  Intercepting  Shooting  Barrier | | | Attacker  Defender  Space  Possession  Shoulder pass | | Volley  Serve  court  net | | | | Strategy  Attacker  Defender  Tag  Orienteering  Symbol | Tactics  Speed  Acceleration  Distance  Relay  Changeover | | | Batting  Fielder  Throwing  Base/posts  Rounder  The long barrier | |
| Y4  Tier 2 | Self-motivation, Communication, Problem Solving, Evaluation, Responsibility. Demonstrate, Challenge, Decision, Perform, Evaluate, Progress, Explore. | | | | | | | | | | | | | | | | | | | | | | |
| Y4  Tier 3 | Control  Bridge  Levels | Forward pass  Offside |  |  | Transition, turning, drag back, goalkeeper. | | Possession, marking, space, bounce pass, pivot. | | Marking  Tackling  Blocking Free hit | | | Free pass  Free throw  Intercepting  Transition  Marking  Shooting | | Outwit  Space  Accuracy  Power  Backhand | | | | Responsibility  Listening Trust  Map  Route  Out-of-bounds | Tactics  Speed  Distance  Pace  Power  Stride pattern | | | Batting  Tactics  Bowling  Catching  Baack stop  ½ rounder | |
| Y5&6  Cycle A | **Autumn**  **Dynamic Dynasties** | | | | **Spring**  **Sow Grow and Farm** | | | | | | | **Summer**  **Groundbreaking Greeks** | | | | | | | | | | | |
| + Unit | Gymnastics | Rugby | Dance | Netball | | Football | Basketball | Hockey | | OAA | | Tennis | Athletics | | | Rounders | | | | Cricket | | | |
| Y5  Tier 2 | Evaluation, Responsibility, Encouragement, Integrity, Resourcefulness. Present, Develop, Refine, Apply, Effective technique | | | | | | | | | | | | | | | | | | | | | | |
| Y5  Tier 3 | Counter balance  Counter tension Unison  Canon | Tactics  Transition  Outwit  Offside  Loop pass  Miss pass | Stimulus | Tactics  Transition  Possession  Marking  Shoulder pass  Bounce pass | | Tactics, marking, pressure, tackle, shadowing, tracking back. | Tactics, transition. Marking, rebound,  Travelling  Double dribble | Counter attack  Man- to- man marking  Goal side | | | Adapt  Motivate  Cooperate  Control point  Scale | Outwit  Space  Return  Recover  Baseline  Forehand  Rally  Out | | | Tactics, Speed, Distance, Evaluation, Changeover Personal -best  Lap. | Batting and bowling square  No-ball  Out | | | | Tactics  Bowling  Run-out,  Wicket-keeper  No-ball  Wide  Bye | | |
| Y6  Tier 2 | Resourcefulness, Integrity, Trust, Self-discipline, Reflection, Modify Implement, Execute, Consolidate, Maintain. | | | | | | | | | | | | | | | | | | | | | | |
| Y6  Tier 3 | Matching  Mirroring | Formations  Knock on  Advantage |  |  | | Counter attack, referee, through ball, Man to man marking | Tactics  Transition  Counter attack,  High press, backcourt violation, Man to man marking | Counter attack  Man- to- man marking Goal side  Free hit | | | Leadership  Team member  Responsibility  Cooperation |  | | | Tactics, speed, teamwork, distance, evaluative  False start  Events | Run- out  Out-fielder  Umpire | | | | Tactics, umpire, boundary,  Four runs, Six runs, Over. | | |