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| Personal Development | **Pedagogical Knowledge** |
| Y1&2Cycle A | **Autumn****Childhood** | **Spring****Bright Lights, Big City** | **Summer****School Days** |
| + Unit | Relationships | Living in the Wider World | Health and Wellbeing |
| External Agencies |  | Yorkshire Building Society- Money Sense Workshops | PCSO |
| Assemblies | PANTS Assembly |  | Protected Characteristics Assembly |
| Y1 | Families and FriendshipsPeople who love and care for us.Safe RelationshipsThe importance of recognising and respecting privacy- PANTS rule.Respecting ourselves and othersI can explain how kind and unkind behaviour affects others. | Belonging to a CommunityRules, why they are and why we need them.Media Literacy and Digital ResilienceI can demonstrate how to use the internet and digital devices safely to research things.Money and WorkDifferent jobs that people do and that they earn money to pay for things. | Physical Health and Mental WellbeingDifferent ways to be healthy- food; exercise; hygiene; dental hygiene; sun safety.Growing and ChangingI can explain ways in which we are special and unique.Keeping SafeWays to keep safe in familiar and unfamiliar environments.Road safety. |
| Y2 | Families and FriendshipsDifferent kinds of families.Identify common features of family life.Safe RelationshipsI can identify the impact of hurtful behaviour or bullying, including online.Respecting ourselves and othersTreating themselves and others with respect. Being polite and courteous. | Belonging to a CommunityI can identify things I can do to help look after the environment.Media Literacy and Digital ResilienceUsing the internet and digital devices safely to communicate with others.Money and WorkSome of the strengths and interests someone might need to do different jobs. | Physical Health and Mental WellbeingI can explain how others might be feeling. Things that help people feel good.Growing and ChangingRecognise what they are good at and what they like/dislike.How to manage when finding things difficult.Keeping SafeBasic rules to stay safe online, including personal information and what should be kept private. Importance of telling a trusted adult if somethings they find scares them. |
| Y3&4Cycle A | **Autumn****Through The Ages** | **Spring****Rocks, Relics and Rumbles** | **Summer****Emperors and Empires** |
| + Unit | Relationships  | Living in the Wider World | Living in the Wider World | Health and Wellbeing | Health and Wellbeing |
| External Agencies |  | Yorkshire Building Society- Money Sense Workshops | PCSO |  |  |
| Assemblies | PANTS Assembly |  |  |  | Protected Characteristics Assembly  |
| Y3 | Families and FriendshipsHow people care for each other. All types of families can give love, security and stability.Safe RelationshipsI can recognise the impact of bullying, on and off online. Consequences of hurtful behaviour.Respecting ourselves and othersHow personal behaviour can affect other people. Respectful behaviour online. | Money and WorkRecognise positive things about themselves and achievements. Set goals. Different jobs/careers. Can have more than one career in lifetime. | Belonging to a CommunityReasons for rules and laws and consequences of not following them to them.Media Literacy and Digital ResilienceWays in which the internet and social media can be used positively and negatively. | Physical Health and Mental WellbeingI can identify how habits can have positive and negative effects on a healthy lifestyle. | Physical Health and Mental WellbeingBenefits of exercise for mental and physical health; recognise opportunities to be physically active and risks associated with an inactive lifestyle.Growing and ChangingIdentify personal strengths, skills, achievements and interests and how these contribute to a sense of self-worth.How to manage setbacks/perceived failures, including how to re-frame unhelpful thinking.Keeping Safe How to predict, assess and manage risks in different situations. I can recognise that hazards that may cause harm, injury or risk in the home and how they can reduce risks and keep safe. |
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| Y4 | Families and FriendshipsCharacteristics of healthy family life. Recognising when family relationships make them feel unhappy/unsafe. How to seek help.Safe RelationshipsI can identify privacy and personal boundaries. What is appropriate in friendships and wider relationships.Respecting ourselves and othersImportance of self-respect and treating others politely and with respect.  | Money and WorkStereotypes in the workplace and these should not limit a person’s career aspirations.Skills that will help them in their future careers. | Belonging to a CommunityRecognise there are human rights and they are to protect everyone.Relationship between right and responsibilities.Media Literacy and Digital ResilienceHow to assess the reliability of online sources of information. How to make safe, reliable choices from search results.  | Physical Health and Mental WellbeingI can explain what constitutes a healthy diet; how to plan healthy meal; risks associated with not eating a healthy diet including obesity and tooth decay. | Physical Health and Mental WellbeingEveryday things that affect feelings and the importance of expressing feelings.How to express feelings in different ways using a varied vocabulary.Growing and ChangingI can explain the difference between male and female bodies, including naming male and female body parts.Keeping Safe Strategies for keeping safe in the local environment or unfamiliar places and firework safety; safe use of digital devices when out and about. |
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| Y5&6Cycle A | **Autumn****Dynamic Dynasties** | **Spring****Sow Grow and Farm** | **Summer****Groundbreaking Greeks** |
| + Unit | Relationships | Health and Wellbeing | Living in the Wider World  |
| External Agencies | Show Racism the Red Card | First Aid Training | Yorkshire Building Society- Money Sense Workshops Career’s Week  |
| Assemblies | PANTS Assembly |  | Protected Characteristics Assembly |
| Y5 | Families and FriendshipsHealthy friendships make people feel included.Strategies for recognising and managing peer influence.Recognise the effect of online actions on others.Safe RelationshipsRecognising if family relationships make them feel unhappy or unsafe.I can recognise acceptable and unacceptable physical contact. Respecting ourselves and othersDiscrimination- what it is and how to challenge it. | Physical Health and Mental WellbeingI can explain the benefits of sleep to support a healthy lifestyle; the effects of a lack of sleep.I can explain the benefits of sun exposure and the risks of over exposure.Growing and Changing Strategies to support mental health and wellbeing.Personal identity.Keeping SafeHow to predict, assess and manage risk.Know basic first aid techniques. | Belonging to a Community I can recognise the importance of having compassion towards others. How to show care and concern for others.Media Literacy and Digital ResilienceAssessing the reliability of sources of online information. How to make safe, reliable choices from search results.Money and WorkWhat might influence people’s decisions about a job/career. Money is a factor that can influence a person’s career choice.People may choose to do unpaid voluntary workIdentify the kind of job they might like to do when they are older. |
| Y6 | Families and FriendshipsHow friendships change over time.Strategies to resolve disputes.I can recognise if a friend is making them feel unsafe or uncomfortable.Safe RelationshipsSeeking and giving permission in different situations.Where to get advice if worried about their own or someone else’s safety.Respecting ourselves and othersRespond respectfully to a wide range of people; including those whose traditions, beliefs and lifestyles are different to their own. | Physical Health and Mental WellbeingHow bacteria and viruses affect health; how everyday hygiene routines can limit the spread of infection; the importance of personal hygiene.How responsible medicine use contributes to good health; some diseases can be prevented by vaccinations and immunisations; how allergies can be managed.Growing and Changing Gender identity does not always correspond to biological sex.I can recognise my own individuality and personal qualities.Knowledge of the human life cycle.Keeping SafeHow to respond and react in an emergency situation. | Belonging to a CommunityWays to carry out shared responsibilities for protecting the environment.Media Literacy and Digital ResilienceHow information on the internet is ranked, selected and targeted at individuals.That connected devices can share information.Money and WorkI can recognise a variety of routes into careers.Peoples spending decisions can affect others and the environment. |